



Retreat Day – Thursday, September 12, 2024
CV Tech Meeting Room 3: 1401 W Michigan Ave, Chickasha
OK 73018

Dress: LLFS T-Shirt, Jeans or Shorts, Comfortable Shoes
Day Chairs: Joe Elkins, Sean Garibay, Cindy Watkins

- 8:00 AM Arrive at Great Plains Tech Center at the Business Development BLDG Lot
- 8:15 AM Depart for Chickasha- CV Tech- Welcome / Refreshments / "Good News/Bad News" on the drive to Chickasha
- 9:15 AM Low Rope, Challenge Team Building
- 11:15 AM Personal Break
- 11:30 AM Lunch- CV Tech Food Services- Daily Specials and Salad Bar
- 12:15 PM Personality Traits/Team Building
- 1:15 PM Personal Break then Return to Lawton (arrive to great plains Tech Center at 2:30pm)
- 3:00 PM Escape Room / Team Building
- 4:00 PM Discussion

Recommended Items to wear/bring:

- Tennis shoes or hiking boots.
- Sunglasses
- Hat/head covering.
- Sunscreen/Lip balm
- Clothes you can climb in
- Gloves- for low ropes

